FREE PRINTABLE · AGES 2 TO 8

Kindness Advent Calendar for Kids

24 picture cards, one small kind act a day from December 1 to 24. No candy, no toys, and the little ones do not need to read.

1 Print and cut

Print pages 2 to 5 on cardstock, or pages 6 to 9 for the low-ink version. Cut the 24 cards apart on the dashed lines.

2 Sort by age

Each card has an age band: teal is 2 to 3, orange is 4 to 5, green is 6 to 8. Mix them, or pull the ones that fit your child.

3 Hang them up

Glue or clip the cards onto the calendar sheet, tuck them into 24 envelopes, or peg them on twine. Flip one each morning.

4 Do the act together

Grown-ups join in. Talk about how it felt at dinner. If a day gets missed, do two the next day or just skip it.

AGES 2 TO 3 AGES 4 TO 5 AGES 6 TO 8



Safety: a grown-up stays with children for every act that uses the stove, scissors, outdoor walks or small items like coins and seeds. Coins and birdseed are choking hazards for children under 3.

1



Give three hugs today

Family, pets or a stuffed friend

AGES 2 TO 3

2



Smile and wave at a neighbor

From the window or the yard

AGES 2 TO 3

3



Put your toys away without being asked

Make it a race with a song

AGES 2 TO 3

4



Feed the birds

Scatter seed or oats outside

AGES 2 TO 3

5



Help bake a treat for someone

Stirring and sprinkles count

AGES 2 TO 3

6



Say "I love you" to everyone at home

Add a high five

AGES 2 TO 3

7



Be gentle with a pet or a plant

Soft pats, a drink of water

AGES 2 TO 3

8



Help set the table

Napkins and spoons are a job

AGES 2 TO 3

9



Draw a picture for a grandparent

Mail it or text a photo

AGES 4 TO 5

10



Call someone who lives far away

Tell them one thing you did today

AGES 4 TO 5

11



Do a chore that is not yours

Wipe the table, sweep crumbs

AGES 4 TO 5

12



Give a flower or leaf to a friend

A paper one works too

AGES 4 TO 5

13



Make a warm drink for a grown-up

With help at the stove

AGES 4 TO 5

14



Read a book to someone smaller

A sibling, a pet, a teddy

AGES 4 TO 5

15



Line up the family shoes by the door

Pairs together, big to small

AGES 4 TO 5

16



Say one kind thing about each person at dinner

Go around the table

AGES 4 TO 5

17



Write a thank-you note

To a teacher, bus driver or coach

AGES 6 TO 8

18



Pick up litter on a walk

Gloves on, grown-up holds the bag

AGES 6 TO 8

19

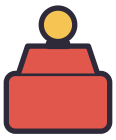


Save water today

Short showers, tap off when brushing

AGES 6 TO 8

20



Put a coin in a giving jar

Choose where it goes together

AGES 6 TO 8

21



Choose warm clothes to give away

Mittens and hats you have outgrown

AGES 6 TO 8

22

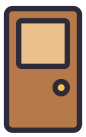


Let someone else go first all day

Doors, snacks, the swing

AGES 6 TO 8

23



Hold the door for someone

Count how many times

AGES 6 TO 8

24



Leave a kind note for a neighbor

Slip it in the mailbox

AGES 6 TO 8

CALENDAR SHEET

Our 24 Days of Kindness

Glue, tape or paper-clip one card onto each square. Flip it over or add a sticker when the act is done.

1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16
17	18	19	20
21	22	23	24

We did it! On Christmas Eve, name your favorite day:

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AGES 2 TO 3

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FOR GROWN-UPS · WANT SOMETHING FOR EVERY DECEMBER DAY?

Christmas Activities for Kids at Home

If your family likes having one small thing to do each day, the full 34-page pack for ages 3 to 8 adds a day-by-day activity countdown, a kindness tracker, and games, puzzles and coloring pages for the rest of December.



A 24-day activity countdown

A color-in countdown tree chart plus 24 activity cards, one for each day from December 1 to Christmas Eve: a blanket fort story time, a cocoa picnic, a lights walk. Each card lists what you need and a tweak for little ones or big kids.



12 kindness cards and a kindness wreath

A small, kind thing to do on each card, and a wreath tracker your child colors in as each one is done.



Games, puzzles and coloring

6 Christmas bingo boards with 24 caller cards, an I Spy counting page, an indoor scavenger hunt, 2 word searches, a letter to Santa and 6 big, bold coloring pages.

Also inside

A grown-up page with age tweaks for 3 to 4, 5 to 6 and 7 to 8, simple safety notes, printing tips and an answer key.

See the pack at puddlesandplay.com