FREE PRINTABLE · WEEK 1 OF 2

Winter Break Plan: Christmas Week

December 20 to 26. Short, low-prep mornings while the house is busy, a hunt on the 24th and nothing at all on the 25th.

OUTDOOR · INDOOR · SCREEN-FREE · QUIET DAY

One anchor activity, in the morning, before screens. Afternoons stay open.

20 SUN

Frost hunt and winter nature walk

AGES 3 to 8 · PREP 2 min · MESS None

INDOOR SWAP Frost in a can at the table

OUTDOOR ☐

21 MON

Christmas card assembly line (4 stations)

AGES 3 to 8 · PREP 10 min · MESS Medium

NOTE Deliver 3 on tomorrow's walk

INDOOR CRAFT ☐

22 TUE

Indoor snowball target game

AGES 2 to 8 · PREP 5 min · MESS Low

NOTE Replay any loud morning

ACTIVE, SCREEN-FREE ☐

23 WED

Santa's cookies, then a gift bow hunt

AGES 3 to 8 · PREP 10 min · MESS Medium

NOTE Bow hunt buys 15 min of cleanup

KITCHEN ☐

24 THU

Christmas scavenger hunt cards (free printable)

AGES 3 to 8 · PREP 5 min · MESS None

NOTE Picture cards for 3 to 5, rhymes for readers

INDOOR, SCREEN-FREE ☐

25 FRI

Quiet day: no plan. Pajamas till noon, a walk at 3.

AGES All · PREP 0 · MESS The living room

NOTE Same-spot photo as last year

QUIET DAY ☐

26 SAT

Snow brick fort, or a yard obstacle course if no snow

AGES 3 to 8 · PREP 5 min · MESS Wet coats

INDOOR SWAP Pillow snowdrift jumping indoors

OUTDOOR ☐



Restock before Dec 20 cocoa and marshmallows, blank cards, a magnifying glass, 10 gift bows, soft indoor snowballs or rolled socks, a cookie kit.

FREE PRINTABLE · WEEK 2 OF 2

Winter Break Plan: The Week After

December 27 to January 2. Longer outdoor mornings, one real build, a New Year's Eve that ends by 9, and a slow January 1.

OUTDOOR · INDOOR · SCREEN-FREE · QUIET DAY

One anchor activity, in the morning, before screens. Afternoons stay open.

27 SUN

Blanket fort book basket with the new books

AGES 2 to 8 · PREP 10 min · MESS Low

NOTE Leave the fort up all week

INDOOR, SCREEN-FREE ☐

28 MON

Cardboard box igloo from the gift boxes

AGES 3 to 8 · PREP 10 min · MESS Medium

NOTE Grown-up cuts, kids tape; can run 2 days

INDOOR BUILD ☐

29 TUE

Backyard bird count, then animal track detectives

AGES 3 to 8 · PREP 5 min · MESS None

INDOOR SWAP Count through the window, arctic animal walks indoors

OUTDOOR ☐

30 WED

Ice melt race and frost in a can

AGES 4 to 8 · PREP 10 min + freeze overnight · MESS Low

NOTE Frozen toy rescue for the preschooler

KITCHEN SCIENCE ☐

31 THU

Pack the hourly countdown bags (open one an hour, 3 to 8 p.m.)

AGES 3 to 8 · PREP 20 min · MESS Medium

NOTE Noon Year's Eve countdown at 8

SCREEN-FREE ☐

1 FRI

Slow morning: a new puzzle and thank-you notes

AGES 3 to 8 · PREP 5 min · MESS Low

NOTE Movie after lunch

QUIET-ISH ☐

2 SAT

Frozen puddle stomp walk (puddle jump if above freezing)

AGES 2 to 8 · PREP 2 min · MESS Wet boots

INDOOR SWAP Kitchen floor curling with a dish towel

OUTDOOR ☐

Sun Jan 3, reset day: no anchor. Backpacks packed, lunches made, the fort comes down, one last movie after dinner, early bedtime.

FOR GROWN-UPS · WHEN THE PLAN RUNS OUT

Christmas Activities for Kids at Home, Ages 3 to 8

The sheet gives you one anchor a morning. This 34-page pack fills the afternoons before Christmas, with bingo for family nights and quiet pages for the hour you need to wrap gifts.



24 activity cards and a countdown tree

One low-prep card a day, from a blanket fort story time to a lights walk, each with a supply list, a tweak for little ones or big kids and a safety note where it matters.



Bingo for up to 6 players

6 different picture boards with 24 caller cards, plus an indoor scavenger hunt and an I-spy counting page for playdates and cousin visits.



Quiet pages and kindness cards

2 word searches with an answer key, 6 big coloring pages, a letter to Santa, and 12 kindness cards with a wreath tracker to color in.

Also inside

A grown-up page with age tweaks for 3 to 4, 5 to 6 and 7 to 8, safety notes and printing tips. 34 pages, US Letter or A4.

See the pack at puddlesandplay.com